

Dr. Joshua Green ND
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Dr. Gabriella Petrelli ND

Vermont Natural Family Medicine, PLC
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Welcome, please complete the following paperwork so that we can best serve you.

PatientName: _____ Gender: _____ Preferred pronoun(s): _____

Date of Birth: _ _ _ _ _ Age _ _ _ Social Security#: _____

Address: _____ City: _____

State: _____ Zip Code: _____ Home Phone: _____

Mobile: _____ Preferred method of contact: _____ Receive detailed voicemail:

Email: _____

Emergency Contact: _____ Phone: _____ Relation: _____

How did you find out about my practice? _____

Primary Care Physician: _____ Location: _____ Phone: _____

Preferred Pharmacy name and phone: _____

Insurance: _____ ID#: _____ Group#: _____ Specialist co-pay: _____

Subscriber: _____ Subscriber DOB: _____ Relation to patient: _____

Please list any major medical diagnoses and past events (including dates):

1. _____
2. _____
3. _____

Please list your surgical history, including dates and if there were any complications:

1. _____
2. _____
3. _____
4. _____

Reason (s) for appointment, in order of importance:

1. _____
2. _____
3. _____

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Allergies:

No known drug allergies No known food allergies No known environmental allergies

If you have allergies please fill out below:

Allergen	Allergen Type (Drug, Food or Environment)	Severity (very mild, mild, moderate, or severe)	Reaction (rash, hives, etc)	Onset (childhood, adulthood, unknown)

Medications (all prescriptions including birth control):

Medication	Dosage	Date Started	Date Stopped	Indication	Prescribing Physician

Supplements (include all vitamins, minerals, herbs, amino acids, etc):

Supplements & OTC Including strength	Dosage	Date Started	Date Stopped	Indication	Prescribing Physician

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Medical History (check all that apply):

- Alzheimer's disease
- Anxiety or Depression
- Asthma
- Autoimmune disease
- Blood pressure problems
- Cancer _____ etc)
- Cholesterol problems
- Chronic infection: _ _ _ _ _
- Irritable Bowel Syndrome
- Kidney or bladder disease
- Liver or gallbladder disease
- Neurological problems (Parkinson's, paralysis, epilepsy, etc)
- Recurrent infections: _____
- Seasonal Affective Disorder
- Stroke
- Suicidal thoughts and/or attempts
- Thyroid trouble
- Other: _ _ _ _ _

Chronic

- bronchitis/emphysema
- Diabetes
- Diverticular diz/colitis/ulcers
- Heart disease
- Inflammatory Bowel Disease

Reproductive:

- BPH (enlarged prostate)
- Erectile dysfunction
- Sexually transmitted infection
- Testicular pain and/or injury
- Breast pain and/or cysts
- Fibroids/ovarian cysts
- Difficulty with pregnancy
- Abnormal Pap: _ / _ / _
- # of Vaginal births: ___
- # of C-sections: ___
- Last menses: _ _ / _ _ / _ _
- Irregular/painful menses
- Vaginal itching or infections

Preventative:

Colonoscopy	Date: _____	Normal / Abnormal
Mammogram	Date: _____	Normal / Abnormal
Pap Smear	Date: _____	Normal / Abnormal
Bone Density	Date: _____	Normal / Abnormal
Skin Exam	Date: _____	Normal / Abnormal

Family History:

	Major medical problem(s)	Cause of death	Deceased at what age	Current age if living
Mother				
Father				
Siblings				
Children				

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M. GrandM				
M. GrandF				
P. GrandM				
P. GrandF.				

Social History:

Occupation: _____ Employer: _____ How Long? _____
 Jobs/Hobbies involving chemicals (ex: oil painting, woodworking): _____
 Sources of stress: _____ Do you feel safe at home? _____
 Marital Status: _____
 # of children and ages: _____ Who do you live with: _____

Tobacco use:

Neversmoker Heavy tobacco smoker Unknown if ever smoked
 Former smoker Smoker, current status unknown Light tobacco smoker
 Current everyday smoker Current some day smoker Chew (circle one): former / current
 Do you have any kind of addiction history? _____ | Current/ Recovering _____
 Comment: _____

Caffeine :

Coffee _ cups (6 oz)/day
 Tea _ cups (6 oz)/day
 Soda _ cans (12 oz)/day

Alcohol:

Wine ___ (5 oz) glasses/week
 Liquor ___ oz/week
 Beer ___ (12 oz) glasses/week

Water:

___ oz/day

Exercise:

Type: _____ Duration: _____ Frequency: _____
 Type: _____ Duration: _____ Frequency: _____
 Type: _____ Duration: _____ Frequency: _____

Nutrition History:

Do you have a history of an eating disorder? _____ || Current or Recovering? _____
 What are your favorite foods? _____
 What is your typical breakfast: _____
 typical lunch: _____
 typical dinner: _____

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typical snacks/desserts: _____

Please list any and all dietary restrictions (i.e. salt, fat, calorie, gluten, corn, soy, etc):

Financial Policy:

The following information may be confusing and we have attached a supplementary glossary to help with any confusion. If you have further questions, please consult the customer service number on the back of your insurance card.

I authorize Vermont Natural Family Medicine PLC to bill my insurance and release information to my insurance as requested. This includes but is not limited to, chart notes, lab results, and imaging orders.

_____initial

I understand that I may have a co-pay or deductible or co-insurance and will pay my balances in accordance with my insurance plan. _____initial

If I don't have insurance, I understand that the Office Policy is a 15% discount offered ONLY at the time of service. If I leave the office without paying, I am forfeiting the time-of-service discount and agree to pay full price for the service. _____initial

I understand that returns are NOT accepted on any supplements or products sold at the office. Once a product is sold the sale is final. _____initial

To our valued patients,

We encourage you to call your insurance company to best understand your coverage as it pertains to care at our office. **Once your insurance is billed, you will be held liable for those services and charges, so it is in your best interest to consult your insurance to know what you will or won't be paying.**

This following section is provided in the best interest of you, the patient. It is advised that you answer the following questions prior to your visit so that there are no surprises for you at the time of service. Please sign at the bottom.

Choose the appropriate selection:

- [] I have a co-pay which is _____ for specialists
- [] I have a co-insurance of _____% for specialists
- [] I have a deductible _____

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Mandatory Disclosure of Information & Informed Consent for Treatment by Vermont Natural Family Medicine PLC

I understand that methods of treatment may include but are not limited to: diet and lifestyle therapies, nutritional counseling, therapeutic use of nutrients, herbal medicine, homeopathy, infrared, soft tissue manipulation, cranial sacral therapy, pelvic floor therapy and/or joint manipulation or prescription medications.

Naturopathic Dispensary:

- Herbal medicine: I understand that some herbs may need to be prepared. I understand that herbal tinctures are usually prepared with alcohol and will inform the physician if I cannot use them.
- I understand that some herbal medicines may have an unpleasant smell, taste or texture, which is not a reason for returning an item.
- I also acknowledge that unanticipated or unpleasant effects associated with a treatment are not cause for returning an item and should such a reaction occur I will immediately notify my doctor at Vermont Natural Family Medicine.

I do not expect Vermont Natural Family Medicine PLC to be able to anticipate and explain all risks and complications of treatment, and I wish to rely on Vermont Natural Family Medicine PLC to exercise judgment during the course of treatment, which Vermont Natural Family Medicine PLC thinks at the time is in my best interest based upon the facts then known.

I have read, or have had read to me, the above consent. I have also had an opportunity to ask questions about its content and to discuss with my doctor the nature, purpose, risk and benefits of treatments provided. I understand that not all of the above-named procedures may be utilized for my treatment. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment. I understand that results are not guaranteed. I hereby request and consent to the treatment and use of the procedures listed above on me (or on the patient named below, for whom I am legally responsible).

Signature of Patient(or guardian)

Date

Printed Name

Terms and Conditions of Treatment

Consent for Treatment:

I understand that my care as a patient at Vermont Natural Family Medicine PLC is directed by a Naturopathic Doctor, and/or other health professionals. I consent to services rendered and provided to me under the instructions of these professionals assisting in my care _____ (initials)

I may be contacted by Vermont Natural Family Medicine PLC for voluntary participation in clinical research projects. I do, however, have the right to refuse these programs without jeopardizing my future care at Vermont Natural Family Medicine in any way. _____ (Initials)

HIPAA Notice of Privacy Practices and Consent: I hereby consent to the use and disclosure of my protected health information by Vermont Natural Family Medicine PLC for the purposes of treatment, payment and healthcare operations, or as otherwise required by law. _____ (Initials)

Statement of Financial Responsibility: I understand and agree to the following:

-Payment for services rendered and/or for missing an appointment with less than 2 business days' notice are my responsibility as the patient or patient's responsible party. I understand that the charge for a missed first appointment is more than the charge for a missed follow up appointment _____ (Initials)

-I am solely responsible for paying for all services rendered at the time of service, and in the case of missing an appointment with less than 2 business days notice, payment will be rendered within 7 days' of scheduled appointment, by cash or check, unless Credit card services are available. In the event that I am unable to pay a missed appointment fee within 30 days I realize that I may be sent to a collection agency and/or not be able to be scheduled for future appointments. _____ (Initials)

-In the event that a credit card is not on file with the office, I understand that I need to put down a deposit for an initial visit of \$162. The deposit via credit card on file, check/cash may be forfeited if the initial appointment is missed with less than 2 business days' notice. __ (Initials) We hope we do not need to charge you for this:-)

Insurance, Billing, & Labs: If I am billing insurance for services rendered and/or getting lab work done, I understand and agree to the following:

-I authorize Vermont Natural Family Medicine to release pertinent medical records related to billing/laboratory work directly to the laboratory/insurance carrier. _____ (Initials)

-I am solely responsible for any and all charges that my insurance company and/or laboratory will not cover, and will pay my share of the co-pay, deductible, and/or any other charges on the day of service, before, or after as requested by Vermont Natural Family Medicine PLC, insurance company, or any laboratory facilities in co-ordination with my care with Vermont Natural Family Medicine PLC. _____ (Initials)

-I understand that although I may have the intention of coming to Vermont Natural Family Medicine PLC for a preventive visit, that sometimes laboratory work and/or office visits will not meet that criteria and so are not covered fully or at all by insurance due to procedural (CPT) and/or diagnostic coding (ICDIO) that although is medically appropriate might not meet criteria for a preventive visit/code _____ (Initials)

-I must pay for all services in full at the time of service or prior to pick-up at the office that are not normally covered by insurance, such as but not exclusive to supplements, remedies, visits or treatments, that are deemed by the insurance company to be not medically necessary or investigational or non-evidence based, regardless of whether I am reimbursed by my insurance company directly at a later date _____ (Initials)

Advanced Beneficiary Notice: I also realize that the insurance company or representatives of may at any time decide that a past, present, or future visit is not medically necessary, and/or they or representatives of the insurance company may give me incorrect information regarding coverage for visits, and that I agree to pay for all services not covered by my insurance company rendered by Vermont Natural Family Medicine PLC. _____ (Initials)

Scheduling:

I understand that I need to return this intake form before I will be scheduled for my first appointment.

Signature of Acknowledgement of Terms and Conditions of Treatment including Advanced Beneficiary Notice

I have fully read and understand *ALL OF* the above agreements and authorizations, yay legalese!

X _____ /_____/_____/_____

Patient (18 years or older) Date

X _____ /_____/_____

Parent, Guardian, Responsible Party Date

Welcome! We are happy to help you.

If you have any questions or need anything, please ask :-)