

Dr. Green's Membership (& Non-Membership) options

Membership Plans

The Hybrid Plan-This is for patients that want to use their insurance for visits or pay per visit.

The Optimal Plan-For optimal health maintenance, and treatment of ongoing issues like hypothyroidism, depression, diabetes, Crohn's, anxiety, hypertension, IBS, or high cholesterol.

The Blight & Biter Plan-For Lyme, Mold illness, Bartonella, Babesia, etc

Not a Membership Plan

PAYGO-This is for chronic disease patients that don't have insurance and don't want membership, typically this is for lyme disease referrals from other practitioners or patients, to treat until they get better, without the commitment of a membership. Prices for PAYGO are below in the Fee Schedule

Fee Schedule/Membership Prices

(Please Note: your FSA, HRA or HSA funds may be able to be used to pay for the membership)*

| Membership Plans | Monthly Fee | Yearly Fee |
|---------------------|-------------|------------|
| Hybrid | \$50 | \$600 |
| Optimal Plan | \$150 | \$1,800 |
| Blight & Biter Plan | \$250 | \$3,000 |

****Patients who pay yearly will receive a 5% discount.**

Fee Schedule for Visits

| Visit Type | 60 min Initial Visit (99205) | 45 min Initial Visit (99204) | 60 min Follow Up (99215, 99417) | 45 minute Follow Up (99215) | 30 minute Follow Up (99214) | 15 minute Follow Up (99213) | Physical Medicine |
|-------------|------------------------------------|------------------------------------|---------------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|----------------------|
| Fees | \$425 | \$350 | \$350 | \$275 | \$200 | \$150 | \$50 |

FAQ-Frequently Asked Questions

Do we offer a Family/Household plan:

Yes! After two members of a family sign up in the Optimal Plan, further members are added for \$50 per member.

Can I put extra money aside every month for labs, supplements, physical medicine (spinal manipulation and/or dry needling) and/or functional screening labs (at doctor wholesale prices)?

Yes! We call this our 'Clinic Bank'. Members can have extra money set aside every month, we suggest \$25 per month, to pay for extra fees like labs, supplements, additional visits, etc.

Do you accept Vermont Medicaid/GreenMountainCare:

Yes I do. However, my no or low cost medicaid plan is currently full, but you can get on the waitlist.

I believe very strongly in supporting those members of our community who are experiencing financial challenges and are committed to their wellness, especially if they are of a minority population such as LGBTQIA+, BIPOC, and/or are dealing with chronic illness like Lyme, Mold, or other Tickborne Diseases.

Do you accept Private Insurance (BCBS, MVP, CIGNA, Harvard Pilgrim, etc):

I accept all Vermont based insurances, including Federal BCBS. I am in network with BCBS-VT, Federal BCBS, Vermont MVP, Vermont CIGNA. I am contracted with other insurances including Harvard Pilgrim and AETNA plans, and I encourage you to ask your insurance company if my services will be covered by your insurance.

How can I help those less fortunate than I via the 'Pay It Forward' program?

So glad you asked! We offer a 'Pay it Forward' program. You can add a donation to your monthly payment or make a one-time donation to help those less financially secure. Donations will go towards offering those in need a membership plan, visit costs, or help them afford necessary supplements. We recommend 10% of your monthly or yearly payment, but any donation is helpful and greatly appreciated!

How much is the initial visit if I don't have insurance, choose the 'Pay As You Go' Plan and am a New Patient?

Initial visit costs depend on the complexity of the visit, and are based on the fee schedule above. To give you a rough estimate for context; 70% of initial visits are 45 minutes, 25% are 60min, and 5% are 30 minutes.

What If I have exceeded my visits included in my plan but need another visit?

Don't worry - we've got you! Any member can have extra visits beyond what their plan covers, charged via our fee schedule at the time of service. These visits can be office visits, physical medicine visits, etc.

Additional visits are available and are charged via our fee schedule, 15 minutes (99213) for sprained ankles, flu/cold, etc, 30 minutes (99214) for hashimotos, IBS, IBD, etc, 45 minutes (99215) for lyme, mold illness, chronic fatigue, etc, and spinal manipulation, manual therapy, and/or dry needling.

Will my FSA, HRA or HSA funds REALLY pay for my membership?

While we can't guarantee they will pay for it or reimburse you (as we don't work for them), most patients of membership based clinics (ours included) find that their insurance companies do in fact allow the membership fees to be paid with funds from the FSA/HRA/HSA. We recommend that you call your insurance company to inquire about coverage prior to signing up for membership.

Will I get a discount for paying for a whole year in advance?

Yes, we offer a 5% discount for paying for your 12 month membership in advance.

Signing Up

If my membership sounds like a good fit for you, then I look forward to helping you. Please contact Alicia to get signed up.

Alicia's contact info:

Phone: 802-262-1012, Email: ahrubovcak@vtnaturalfamilymedicine.com